



Cheryl Lee Forsman

October 22, 1949 - April 9, 2025

Cheryl Lee Forsman passed away peacefully surrounded by loved ones on April 9, 2025. Born on October 22, 1949, in Everett Washington to Walter and Mildred Howell. Shari spent her early years in her hometown and graduated from Cascade High School.

In 1968, Shari married Fred Flinn, and together they welcomed two sons, Brent and Anthony. Later, she married Larry Forsman, gaining a beloved daughter, Lori. Shari and Larry shared 44 wonderful years together until his passing in 2018.

A passionate and dedicated entrepreneur, Shari owned and operated The Lunchroom Deli on the Everett Waterfront, later running the 19th Street Deli, and eventually owning and operating The Garden Cafe at Skagit Valley Gardens. After retiring from the deli business, she went on to pursue her passion for restoring and repurposing vintage furniture until just six months before her passing.

Shari is survived by her three children, nine grandchildren, eight great-grandchildren, one sister, numerous nieces and nephews, and many cherished friends and extended family members.

In accordance with her wishes, no formal services will be held. Her family and friends will remember her privately and lovingly, holding her memory close in their hearts.

Tribute Wall

CC

“ *Shari always came into my second hand at Hartline School and I always got to spend time with her dogs that had one challenge or another. She was seldom buying for herself, instead she was buying for folks that needed a helping hand. We would spend a lot of time talking about her past and Oso and the hard times and then she would smile and laugh and say we all have to keep moving forward. I love this little woman with so much gumption and grit and love in her heart and this earth will surely miss her energy and compassion and kindness and generosity of spirit. Bye for now and I know we will run into each other again up there, I just know it.. Love to your family who must miss you the most*

Cynthia Cauble - April 28, 2025 at 06:27 PM

TF

“ Remembering Shari (Cheryl) Forsman

I first met Shari when she was dating my brother-in-law, Larry Forsman. Before too long my husband Mike, and I were standing up with Larry and Shari at Our Saviour's Lutheran Church, in Arlington. (Mike used to tease Larry and call him a cradle robber because his new wife was younger than me and Larry was 10 years older than him.)

Shari was always successful with every endeavor she entered into. No matter where she was working, her ambience & food were way beyond GREAT!

One time my kids, Heidi and Holly got to work with her at The Lunchroom Deli on the Everett Waterfront. During those days I was always bugging Holly to brush her teeth. Shari said she could fix that. She was going to talk to her when she came to help. She made a deal with Holly that if she would brush her teeth every day for a month she would give her \$20.00 and take her shopping. They ended up going shopping after a month and Holly got to spend the night with Larry & Shari in Marysville. Holly had a really good time. The problem was solved.

One summer we had so much fun when Shari and I got together shopping for fabric and sewing school clothes for my two girls. I was an average sewer but she was a seamstress. I learned a lot from her that summer. Shari taught me so much and I still use those skills today.

Shari also had a great wealth of knowledge when it came to cooking and how to make all kinds of Scandinavian Foods. She knew where to get the boardfish (dried cod) to make lutefisk that enabled Mike to make it at home. It was good but stinky. I think he got his pickled herring recipe from her also. Not so stinky.

My brother, Dallas drove me to visit Shari in July of 2022, but we

texted and talked on the phone also. The last text I got from her was in March 2025 she shared with me how she loved the Mennonites whom she taught home economics, so they could graduate from school. She did that for 4 years. They still keep in touch by sending her cards and making her feel happy and loved.

Shari knew my mom very well and whenever she ran into her in Marysville mom always asked her not to tell the kids. Mom told us kids she would only drive in Arlington.

When mom passed away, Shari sent her a massive pink spray of pink roses for her graveside. Shari passed on my mom's birthday. Shari was very thoughtful in many ways and my mom always got a big kick out of her

I will miss her texts and phone calls and I will especially miss her at my granddaughter's wedding in August.

I firmly believe that she is finally without pain and with Larry. I will rejoice in that always!

Toni Forsman - April 28, 2025 at 05:48 PM

JE

“ *One of the strongest women I've ever met, sweet, kind, talented and always willing to help others or just listen. RIP dear friend.*

Jeanne Estie - April 16, 2025 at 01:50 PM



“ *We were blessed to have Shari as a member of our community in Mountain Home. Her shop and tea room, The Yellow Rose Cafe, was a local favorite. I was lucky enough to call Shari friend and she always treated me and mine like family. She will be greatly missed.*

Courtney Lewis - April 15, 2025 at 11:36 PM

JE

“ I was a new, young food rep when I met my match in Shari at The Lunchroom. a rough start! I loved that she made GOOD food. I loved her laugh. I couldn't help but follow her - her go-get-um, tenacious style. Thank you for the hot chocolate & muffin in Mountain Home. Blessed with a forever treasure I will miss. All the best to the family.

Jeri - April 15, 2025 at 01:05 PM

AN

“ I will always remember laughing with Shari over silly things, her love for all animals, and her amazing ability to make everyone feel loved. She will be missed. My sympathy to her family.

Anita - April 15, 2025 at 03:30 AM